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'The Broken Mirror' is an excellent and well-read book. Phillips' work clearly portrays (in the best way possible) the struggle of those who have BDD.

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The broken mirror: understanding and treating body dysmorphic disorder User Review - Not Available - Book Verdict. The expanded edition of Phillips's book delves further into body dysmorphic disorder, an obsession with an imagined physical abnormality.

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"The Broken Mirror" is clearly and concisely written, gives numerous case studies and takes the reader through the diagnostic reasoning in each case. But, far too much information is rehashed, and the early chapters aren't substantively different than the latter chapters.

The Broken Mirror: Understanding and Treating Body ...

The Broken Mirror is literally a lifesaving handbook for sufferers, their families, and their doctors. - Publisher Explores the symptoms and causes of BDD, in which a victim is obsessed with perceived flaws in her appearance, and describes therapies used to treat the disorder

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Inside The Broken Mirror is a leaner, more incisive work waiting to be written, specifically for those of us who have to diagnose and treat body dysmorphic disorder. I for one intend to buy it when it comes out, and I assure Dr. Phillips that I will read it assiduously and without

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a channel-changer in my hand.

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The Broken Mirror--the first book on this underrecognized disorder--is essential reading for the psychiatrists, mental health professionals, and other physicians who see these often undiagnosed patients; for the friends

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